



Our Lady of Lourdes R.C. Primary School

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	BIG BRUNCH (sausage, bacon + tomato)	Minced beef + dumplings	Roast chicken + Yorkshire pudding	Beef lasagne + garlic bread	Fish fingers
Option 2	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese
Option 3	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>
Vegetables	Sauté potatoes Beans Salad	Mashed potato Carrots, beans Salad	New potatoes Broccoli, beans Salad	Green beans Beans Salad	Chips Beans Salad
Desserts	Ginger biscuit or Yoghurt Fresh fruit	Strawberry muffin Yoghurt Fresh fruit	Shortcake Yoghurt Fresh fruit	Wholemeal orange triangle + custard Yoghurt Fresh fruit	Hot chocolate fudge cake Yoghurt Fresh fruit



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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs + spaghetti	Minced beef pie	Roast beef + Yorkshire pudding	Breaded chicken steak in a bun	Margherita pizza
Option 2	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese
Option 3	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>	Sandwich – • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>
Vegetables	Mixed vegetables Beans Salad	Mashed potato Carrots, beans Salad	Boiled Potatoes Broccoli, beans Salad	Sauté potatoes Sweetcorn, beans Salad	Chips Peas, beans Salad
Desserts	Oaty biscuit Yoghurt Fresh fruit	Peach + choc muffin Yoghurt Fresh fruit	Iced bun Yoghurt Fresh fruit	Choc crunch + custard Yoghurt Fresh fruit	Cheese cake Yoghurt Fresh fruit



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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni cheese + crusty bread	Cottage pie	Pork loin steak + Yorkshire pudding	Corned beef pie	Battered fish
Option 2	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese	Jacket potato with Tuna or cheese
Option 3	Sandwich – <ul style="list-style-type: none"> • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/> 	Sandwich – <ul style="list-style-type: none"> • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/> 	Sandwich – <ul style="list-style-type: none"> • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/> 	Sandwich – <ul style="list-style-type: none"> • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/> 	Sandwich – <ul style="list-style-type: none"> • Cheese <input type="checkbox"/> • Ham <input type="checkbox"/> • Tuna <input type="checkbox"/>
Vegetables	Mixed vegetables Beans Salad	Green beans Beans Salad	Mashed potato Carrots Beans Salad	Roast potatoes Sweetcorn, beans Salad	Chips Peas, beans Salad
Desserts	Raspberry bun Yoghurt Fresh fruit	Lemon muffin Yoghurt Fresh fruit	Chocolate cake + custard Yoghurt Fresh fruit	Ginger bread Yoghurt Fresh fruit	Sticky toffee pudding Yoghurt Fresh fruit