

Our Lady of Lourdes R.C. Primary School uses the SMART rules for encouraging children to keep safe online.

Online Safety

Follow the SMART rules to stay safe online.

Safe

S Stay **safe** online by not sharing personal information. 

Meet

M Do not **meet** anyone who you have only become friends with online. 

Accept

A Do not **accept** messages and friend requests from people who are strangers. 

Reliable

R Not everything online is **reliable**. Some people online are strangers. You can't trust everything they say. 

Tell

T **Tell** an adult you trust if anything happens online that you do not like. 

Be careful what you share online!
Stop and think before you share information online.
Don't say or do anything that you wouldn't do in the real world!

Below is a more detailed explanation of the rules.

- Don't post any personal information online – like your address, email address or mobile number.
- Think carefully before posting pictures or videos of yourself. Once you have put a picture of yourself online most people can see it and may be able to download it, it's not just yours anymore.
- Keep your privacy settings as high as possible.
- Never give out your passwords.
- Don't befriend people you do not know.
- Don't meet up with people you have met online. Speak to your parent or carer about people suggesting you do.
- Remember that not everyone online is who they say they are.
- Think carefully about what you say before you post something online.
- Respect other people's views, even if you do not agree with someone else's views, it doesn't mean you need to be rude.
- If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website, turn off your computer if you want to and tell a trusted adult immediately.

Reviewed:	October 2018
Next review:	July 2019